

EMERGENCY PREPAREDNESS CHECKLIST

Provided by Rowan University Department of Civil and Environmental Engineering

Home Emergency Kit

- 3 Day Supply of Food
- 3 Day Supply of Water
- Medical Supplies
- Phone Charger
- Crank Radio
- Clothes and Blankets
- Pet Food and Supplies
- Tools
- Personal Entertainment
- Power Bank Battery
- First Aid Kit
- Manual Can Opener
- Personal Hygiene
- Wood and Kindling
- Candles and matches
- Snow Shovel
- Backup Generator
- _____
- _____
- _____

Mobile Emergency Kit

- 3 Day Supply of Food
- 3 Day Supply of Water
- Medical Supplies
- Phone Charger
- Crank Radio
- Clothes and Blankets
- Pet Food and Supplies
- Tools
- Personal Entertainment
- Power Bank Battery
- First Aid Kit
- Manual Can Opener
- Personal Hygiene
- Insect Repellent
- Hand Warmers
- Sunscreen
- Extra Cash
- _____
- _____
- _____

Emergency Contacts

Name _____

Tel: (____) - ____ - _____

Name _____

Tel: (____) - ____ - _____

Name _____

Tel: (____) - ____ - _____

Insurance Info

Company: _____

Policy #: _____

Tel: (____) - ____ - _____

Meeting Place

Option 1: Inside the house

Option 2: Local Shelter

Notes

Use this space for anything specific to you/your family that is missing from this list.

Medical Information

Name: _____

Conditions: _____

Allergies: _____

Meds: _____

Name: _____

Conditions: _____

Allergies: _____

Meds: _____

Name: _____

Conditions: _____

Allergies: _____

Meds: _____

Name: _____

Conditions: _____

Allergies: _____

Meds: _____

Name: _____

Conditions: _____

Allergies: _____

Meds: _____

Name: _____

Conditions: _____

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Meds: _____
