

# EMERGENCY PREPAREDNESS FOR THE ELDERLY CHECKLIST

Provided by Rowan University Department of Civil and Environmental Engineering

Medical Supplies	General Supplies
Medications with Instructions	First Aid Kit
Mobility Equipment (cane, walker, wheelchair)	Clothes
Medical Records if Available	Important Documents
Blankets	Food and Water
Diapers/Undergarments	Flashlights
Toiletries	Cell Phone & Charger
Disinfectant Wipes	Batteries
Telephone Numbers of Medical Care Providers	Radio
Copies of Prescriptions and Dosing Instructions	Sleeping Items
Spare Glasses	Soap
Sturdy Footwear	
Hearing Aides with Extra Batteries	
Medical Emergency Necklace	